

Volume 2, Issue 6  
June 2025

# ELLIOTT EXPRESS



## Mission Statement

*Quality choices in a caring and inclusive, home-like community.*

*A tradition of promoting dignity and independence for those we serve and their families.*

## CONTACTS & FAQ

Not sure who to contact with a question or concern?

We've recently added a Contacts & FAQ section to our website to help point you in the right direction.

Follow the link below to check it out:

<https://www.elliottcommunity.org/contacts>

## JOKE JUNCTION

What kind of tree do fingers grow on?



A palm tree!

What did the horse say when she fell down?



Help, I've fallen and I can't giddy up!



# **June Community Centre/Chapel Programs & Events**

**Tuesday June 3<sup>rd</sup> at 2:00pm**

**Fergus Senior Tappers Performance**

**Saturday June 7<sup>th</sup> at 2:00pm**

**Senior Prom with Elvis' 3 Brothers**

**Wednesday June 11<sup>th</sup> at 10:00am**

**Trinity United Service**

**Wednesday June 11<sup>th</sup> at 2:00pm**

**Birthday Party with Paul Horton Entertaining**

**(Guitar and Singing)**

**Wednesday June 18<sup>th</sup> at 10:00am**

**Roman Catholic Mass**

**Wednesday June 18<sup>th</sup> at 2:00pm**

**Summer Resident Showcase**

**(ukulele, singing group, bell choir)**

**Tuesday June 24<sup>th</sup> at 2:00pm**

**Home Area Wide BINGO**

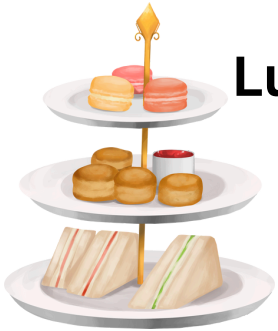
**Wednesday June 25<sup>th</sup> at 10:00am**

**St. Andrew's Presbyterian Service**

**Wednesday June 25<sup>th</sup> at 2:00pm**

**Accordion Music with Gary**

# **JUNE OUTINGS**



**Monday June 2<sup>nd</sup> Leaving at 11:45am**  
**Lunch/High Tea Outing to the Boathouse**  
**Cost is \$10 transportation plus**  
**money for lunch**

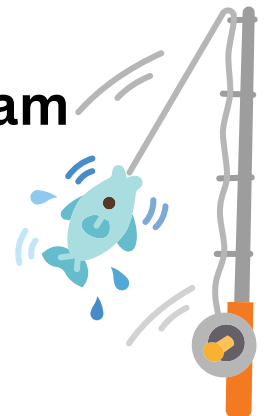
**Tuesday June 16<sup>th</sup> Leaving at 11:00am**  
**Tour & Activity at the Guelph Enabling Gardens**  
**Cost is \$10 transportation**



**Thursday June 19<sup>th</sup> Leaving at 9:00am**  
**Breakfast at the Airpark Cafe**  
**Cost is \$10 transportation plus money for**  
**breakfast**



**Monday June 30<sup>th</sup> Leaving at 10:00am**  
**Fishing at Guelph Lake**  
**Cost is \$10 transportation**  
**& Cost of Park Admission**



***All outings require sign-up through Recreation. Please note that spots are limited, so while we strive to accommodate all requests, availability is not guaranteed.***

# WORKING ON OUR WINGS



The Elliott Community will become the first long-term care home in Guelph accredited in The Butterfly Approach, an innovative, person-centered and emotion-focused model of care. The Butterfly Approach has been introduced on the Wellington, Fountain and Edinburgh home areas on the third floor in Long-term care.

## **Butterfly Accreditation Update**

We are pleased to share that based on their observations on May 6 and 7, the Meaningful Care Matters (MCM) team has confirmed that The Elliott Community has reached their benchmark for accreditation in The Butterfly Approach and will become the very first Butterfly home in the City of Guelph! Thank you and congratulations to the teams on Wellington, Fountain and Edinburgh for the hard work and commitment that have demonstrated throughout this journey.

In addition to the observational audit, MCM is also reviewing a 100 points environmental checklist, clinical documents, policies and other supporting documents that we have provided. Once this review is complete we will receive a full report along with the level of accreditation we have achieved. We expect to receive this report in 6-8 weeks. We will share more details and communicate this achievement more broadly at that time.

We are working on a plan to spread this culture change to other areas of long-term care and across the organization and look forward to sharing more information soon.

# WORKING ON OUR WINGS



## Balcony Bonanza!

This spring, the Wellington, Fountain and Edinburgh teams challenged each other to a friendly balcony competition.

Over the last 6 weeks, all three teams have been hard at work transforming their bland balconies into warm, inviting spaces that stimulate the senses. The Butterfly home areas will be hosting a balcony open-house on Thursday, June 5 from 1:30 – 2:30 p.m. to share their hard work with others in the community and determine which balcony offers the best sensory experience.

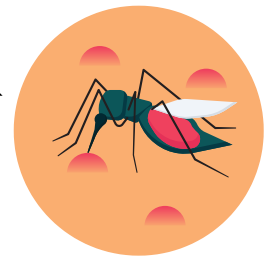
*If you have questions or ideas regarding The Butterfly Approach, please contact Lindsay Marinovic, Resident Experience Lead at 519-822-0491 ext. 2110.*

We delight in the beauty of the butterfly,  
but rarely admit the changes  
it has gone through to  
achieve that beauty.

Maya Angelou



# INFECTION CONTROL & PREVENTION UPDATE



## Bite-Free & Bug-Smart in LTC!

As spring warms up and we start enjoying the outdoors more, it's important to stay alert to seasonal infection risks—especially those related to bug bites and outdoor activities.

In long-term care, residents are more vulnerable to illnesses spread by insects like mosquitoes and ticks, which can carry viruses such as West Nile and Lyme disease. Here's how we can stay safe this spring!

### Outdoor Safety Tips for Residents and Staff

- ✓ Apply insect repellent when heading outdoors (especially near grass or wooded areas).
- ✓ Wear long sleeves and pants when walking in gardens, near trees, or tall grass.
- ✓ Check for ticks after outdoor activities—focus on hairlines, underarms, behind knees, and around waistbands.
- ✓ Avoid standing water around the home, as it attracts mosquitoes.

### Skin Care & Bite Prevention in LTC

- ✓ Daily skin checks for residents can help detect bug bites early and reduce the risk of infection.
- ✓ Keep residents comfortable and covered when enjoying time outside.
- ✓ Use window screens and door closures to keep bugs out of indoor spaces.

### IPAC Myth-Buster!

✗ Myth: “You’ll always feel it if a tick bites you.”

✓ Fact: Tick bites are often painless and can go unnoticed. That's why routine skin checks are important after time spent outdoors—even short walks!

By following these simple practices, we can enjoy a safe and healthy spring while protecting residents from seasonal risks.

Let's spring into action!

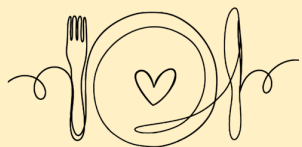


# **General Store Hours of Operation**

	<b>Morning</b>	<b>Afternoon</b>
<b>Monday</b>	<b>9:30-11:30am</b>	<b>Closed</b>
<b>Tuesday</b>	<b>Closed</b>	<b>1:30-3:30</b>
<b>Wednesday</b>	<b>Closed</b>	<b>12:30-3:30pm</b>
<b>Thursday</b>	<b>9:30-12:30am</b>	<b>Closed</b>
<b>Friday</b>	<b>9:30 - 12:00pm</b>	<b>Closed</b>
<b>Saturday</b>	<b>Closed</b>	<b>1:30-3:30pm</b>
<b>Sunday</b>	<b>9:30-11:30am</b>	<b>1-3:30pm</b>

**Thank you for your business!**







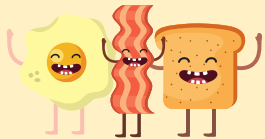




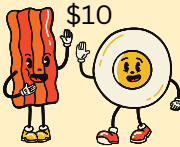






Last update: April 29th, 2025



THE HUB  
BALNAR FAMILY FOUNDATION  
COMMUNITY CAFÉ

# JUNE SPECIALS MENU

Thursdays 8:00-11:00am Breakfast  
Wednesdays & Fridays  
11:00am-2:00pm Lunch  
Mondays & Fridays  
3:00-4:00 Happy Hour!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 3:00-4:00 Happy Hour \$5.00/drink on the Cheers Patio!	3 	4 Tuscan Chicken Panini with Assorted Salads \$12	5 Breakfast \$10 	6 Chicken or Beef Nachos \$12 3:00-4:00 Happy Hour \$5.00/drink on the Cheers Patio!	7 
8 	9 3:00-4:00 Happy Hour \$5.00/drink on the Cheers Patio!	10 	11 Grilled Chicken or Crispy Fish Tacos \$12	12 Breakfast \$10 	13 BBQ on the Cheers Patio with Assorted Salads \$12 3:00-4:00 Happy Hour \$5.00/drink on the Cheers Patio!	14 
15 	16 3:00-4:00 Happy Hour \$5.00/drink on the Cheers Patio!	17 1:00-2:00 Fresh Baked Cookies and Ice Cream- \$5.00 	18 Soup & Fresh Baked Focaccia \$10 	19 Breakfast \$10 	20 Fish & Chips \$14 3:00-4:00 Happy Hour \$5.00/drink on the Cheers Patio!	21 
22 	23 3:00-4:00 Happy Hour \$5.00/drink on the Cheers Patio!	24 	25 12' Custom Pizza \$12	26 Breakfast \$10 	27 Chicken Fingers & Fries \$12 3:00-4:00 Happy Hour \$5.00/drink on the Cheers Patio!	28 
29 	30 3:00-4:00 Happy Hour \$5.00/drink on the Cheers Patio!	